

Published based on [Juicing And Your Health](#)

# Juicing And Your Health

Your typical juicer is purchased for \$50 – 60. Popular models like Oster or Hamilton Beach are inexpensive...but they just won't get the job done. Weak motors being the main drawback. Unless you are processing soft produce like tomatoes, the motor will inevitably get bogged down.

Also, your fruit and vegetables must be chopped into small sections to fit into the feeding chute & this, of course, increases the time and effort that you must put into preparation. And, unfortunately, cleanup can be a time consuming chore.

Obviously, you value your time. That's just one reason you need a "real" juicer that can produce quality juice with less hassle. Consider [Jack Lalannes Power Juicer](#).

The [Jack Lalanne PowerJuicer](#) has a 3 inch diameter feed chute and 3,600 RPM motor that comes with lifetime guarantee. Plenty of power so the unit will not bog down.

The first thing you may notice is the quiet operation. Frequently, juicers make the noise of a high-pitched motorcycle. PowerJuicer is quiet compared to a washing machine. Its not quite "whisper quiet" as advertised on television. But it will not wake the kids and/or disturb your neighbors either.

The juice quality is what impresses many consumers. You get fresh juice with a frothy/smooth texture that tastes 10 times better than what you buy at the store. Your juice is chock full of natural vitamins & minerals and free of preservatives and other harmful additives. In a nutshell, that means health and vitality for you and your family.

With ordinary juicers, you often need to squeeze remaining juice from the pulp. That's not convenient or efficient. The [Jack Lalanne Power Juicer Pro](#) spits out dry shards. One reason why it produces about 30% more juice than other juicers.

Jack Lalanne is known to be a dare-devil in demonstrations of his physical prowess, but safety around the household has always been a concern. Power Juicer comes with an accessory that allows you to remove the blade for cleaning without cutting your fingers. The unit also has a hold-down safety bar that prevents the blade from rotating unless the unit is fully assembled.

Another plus...the unit is stable. Power Juicer doesn't move around on the counter as you insert produce. You won't get that from other juicers, unless you're working with the \$1,000 commercial units.

You can also find this article published on [Juicing And Your Health](#), and on the tag pages [harmful additives](#), [jack lalanne](#), [Power](#), [power juicer](#), [time](#), [unit](#).