

Published based on [Tips To Make Your Body Type Look Great in Vintage](#)

# **Tips To Make Your Body Type Look Great in Vintage**

[Vintage clothing](#) never goes out of style. Who doesn't wish to dress in beautifully designed clothes that have stood the test of time? However, you'll want to choose vintage clothing that suit you and your specific body type. Here are some tips to look terrific in vintage, whatever your size.

## **Determining Body Shape**

The initial step to looking great in vintage clothes is understanding your body type. There are three main body types: apple, pear and hourglass. Apple types have narrow hips having a larger waist and chest. Pears are the most typical, having a smaller bust line but bigger hips and thighs. Hourglass types have defined waists and are equally proportioned throughout the upper and lower body. While that seems enviable, even hourglass figures must find clothing that enhances their curves properly.

## **Know your Vintage Years**

Each piece of vintage was created to fit the chosen body type at that time, so each decade suits a different body shape. Hourglass figures look much better in the curvier styles of the '50s, when actresses like Marilyn Monroe illuminated the screen. Sixties A-Line dresses look good on pear shapes. The long skirts and peasant blouses of the '70s flatter apple shapes but appear frumpy on shorter frames. Understanding the style of the time and how it suits your body will allow you to determine what works best on you.

## **Sizing**

While everyone knows their own size in today's clothes, vintage sizes run quite differently, therefore don't just look at the actual number size. Get your own measurements before you shop and if possible, measure the proportions of the item of clothing to determine whether it will fit, or "eye-size" it to determine if the clothing will fit your shape. Where possible all of the items at J'adore Vintage have been measured to give you more precise sizing so you feel confident buying directly from the website.

If you are out and about shopping for your vintage, whether in a store or at a fair, try the clothing on to see how it works for you. If you're buying on the web, check the measurements and check the returns policy to ensure if the product you buy doesn't quite fit you can return without any hassle.

Samantha Ludlum has a passion for [Vintage Clothing](#). On her website she's got great articles on all things vintage if you need vintage inspiration why not read her article on [vintage shoes](#).

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